

The Present

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Without the real truth, there can be no real justice, no real equality, no real success, no real progress, no real intelligence, no real security, no real happiness, no real love, no real life. Everything starts with the truth.

2 + 2 = 4: It does not equal anything else. The truth is, there is only one truth. Believing $2 + 2 = 5$ or 6 or anything else does not make it true. There are an infinite amount of wrong answers, but only one true answer.

Truth is what stands the test of experience. A man should look for what is and not for what he thinks should be. Albert Einstein

Common denominator: The truth is the only thing that can unite all human beings. It is what we all have in common, and that will never change. There is only one sky for all of us. Everyone eats and breathes and is born and dies etc. The ultimate truth is universal truth; it is the same for everyone, everywhere. It always has been and always will be. **We can now see the big picture of life.**

Only the truth can stop the wars and make the world the paradise it can be.

Reason: We can now use our ability to reason, deductive logic and extrapolation of the known evidence to know and understand things the evidence does not reveal directly, such as **life after death**. We have progressed enough to know and understand the fundamental truth of life. It will transform us and our world.

All truth passes through three stages. First, it is ridiculed. Second, it is violently opposed. Third, it is accepted as being self-evident.

Arthur Schopenhauer

Peak moments in your life feel good, because you get a larger percentage of what each moment of life actually contains. Your mind is the gatekeeper of life, and sometimes it lets a little true life in, but most of the time it does not.

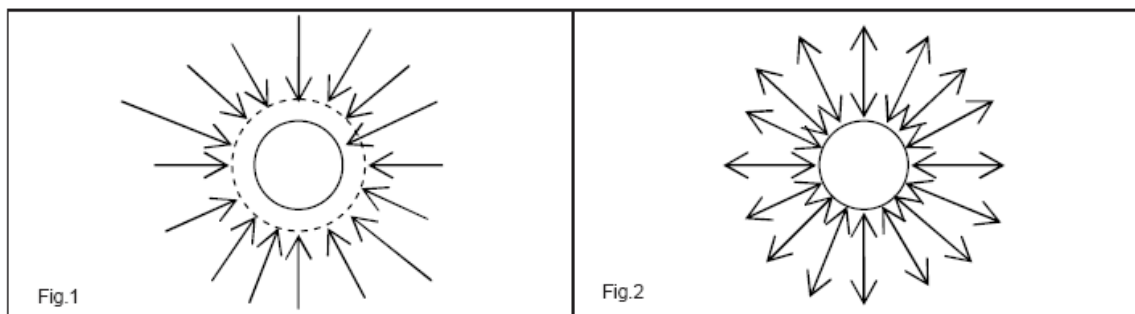


Figure 1 shows how mankind currently perceives life. Figure 2 shows true life. The arrows represent life coming to you from all directions. The dotted line shows

how your mind blocks most of the life coming to you. Without the mind blocking life, you receive all of life, **true life**, and reflect it all back out.

Seeing Niagara Falls or the Grand Canyon for the first time is a peak moment for most people. Why does it make you feel so alive? Nothing really happens to you. Why doesn't it feel as good the second time you see it? You are seeing the same thing. **The reason is your mind opens up when something is special.**

It's not what you look at that matters; it's what you see.
Henry David Thoreau

The truth is, every moment of life is special, and you can be completely open to life most of the time. You have to see true life to see the truth. **This is the truth:**

Immortality: "It is impossible to be conscious of being unconscious."

You are reading this book, so you are conscious (alive). This means that you have always been conscious and always will be, because it is not possible for you to be aware of being dead (unconscious). You cannot be aware of not being aware; you cannot be conscious of being unconscious. You can be less conscious (sleep/coma), but not completely unconscious, because time would stand still for you. A billion years could pass, and you would not know it.

You are immortal, because it is impossible for you not to be. You cannot be aware of any gaps in life; it is continuous and never-ending from your own point of view. Have you ever experienced anything other than life? You haven't, because you cannot experience anything else; anything you experience is life.

Energy cannot be created or destroyed and consciousness cannot be created or destroyed for the same reason. **It changes form.** You cannot make nothing out of something, and if you are conscious of life now, you are something.

The deductive logic above reveals that we are not our bodies. We know our bodies die, and we know consciousness cannot, thus our consciousness (what we are) cannot be our bodies.

You will die physically, but you will be born again; being born happens, or you would not be here now. You were born into this life. It is what we know happens for certain. **There is no evidence anything else happens. True or false?**

Why would we think anything else happens or even can happen? People are playing make believe. We are dealing with time and space that never ends; if we were born once, it will happen again. **Things in nature repeat over and over.**

The only question is where and when you will be reborn and what you will be reborn as, and we can know that too.

Consciousness: People are trying to understand the universe independent of consciousness (life), and it is the most important factor in the equation.

The universe as it relates to conscious life can be understood now. It is the ultimate truth; the truth that will transform mankind and the world.

Animals are conscious (alive) with or without a rational thinking mind.

Many people think that human beings are the only animal that is conscious. Is a dog or cat conscious? Where do you draw the line, is a bird conscious?

The truth is, all animal life is conscious and alive just like we are. The only thing that makes humans different from other animals is we have a mind that can think and reason. We can know the truth, and those that know rise above animals.

Our true history: The hard evidence says **we** human beings (Homo sapiens) evolved from other animals. There is very little physical difference between us and other animals. We have blood, hearts, brains, skin and DNA in common. We behaved like them until just recently, and some people still do.

In addition to the evidence we have been digging up all over the world, through our understanding of the genetic code, we can now see that all animals, including humans, evolved up a evolutionary ladder. **There is no missing link now.**

Crown of creation: Evolution is no longer just a theory; it has been proven true beyond a reasonable doubt. The problem is even people who believe evolution is true disassociate themselves from the process. They some how skipped all the lower forms of animal life and just started out as the crown of creation at the top of the evolutionary ladder. **The evidence says we evolved as life evolved.**

Someone has to be all the other types of animals. A consciousness (spirit) is in dogs and cats. Other animals are alive just as you are and you know it.

It is time to see and accept the truth the evidence supports.

Make believe: I do not play make believe in real life, but billions of grown people do and say it is the truth. I no longer believe in Santa Clause and the other myths, legends, and fairy tales that the known evidence says are not true.

It is better to be blind than to see things that do not exist.

There is no point in denying the known evidence; it does not go away. When a preponderance (all) of the evidence says that something happened or did not happen, it is the truth beyond a reasonable doubt to honest and rational people.

Truth will have no gods before it. Friedrich Nietzsche

We have come a very, very long way, but we have a little further to go. The next and last step in our evolution is learning and accepting the truth of life, and this includes acknowledging our true past.

The ultimate truth frees us from the animal world we all evolved from.

The balance of physical things: There are two sides to every coin and two sides to everything else physical, because one side creates the other side. It is the same with everything that happens. Birth-death, old-young, big-small, strong-weak, up-down, rich-poor, beginning-end, fast-slow, pain-pleasure, win-lose, day-night, full-empty, high-low, in-out, right-wrong, success-failure, united-divided, give-receive, creation-destruction, **positive-negative**, etc.

Positive and negative forces moving in balance are the physical universe.

Everything physical (matter/energy) goes back and forth in balanced circles, cycles, or the equivalent. Even light and other forms of energy that appear to go straight out move in balanced, up and down waves.

The physical universe has to move in perfect balance to exist.

Luck: Good luck and bad luck are the balance in action and the way the balance most affects our lives. Luck is manifested on many levels. There is the day-today luck, from little things like getting a good parking space or getting a bad one, to big things, such as winning the lottery or finding out you have terminal cancer. Then there is the long-term luck. You are lucky if you are born with good looks, money, health, talent and intelligence. You are unlucky if you are born unattractive, poor, sickly and without much talent or intelligence. Most people are somewhere in between the extremes, but it does not matter, because we are immortal, and it will all balance out in time. Luck will move back and forth forever; everyone will get equal amounts of good and bad luck.

What goes around comes around.

The eternal mixer: The balance is the result of everything moving around randomly. Example: if you take a jar filled with black and white grains of sand and you shake it, it will turn gray and mix perfectly. No matter how long you shake it, the black and white grains of sand will always stay evenly mixed. Time and random movement will always create a perfect balance of all physical things. It is as certain as night and day, and the reason why we have a night and a day.

This is why on the Fourth of July in the US, about a 100 people will be killed in auto accidents, and every fourth, about the same amount are killed. An average of twelve auto accidents happen every minute. About six-thousand teenagers are killed in auto accidents every year in the US. About four million people are bitten

by dogs. Why are they always close to the same? **It is the balance at work.**

If you flip a coin a thousand times, it will come up heads about half the time and tails about half the time. The odds of random events are predictable; this is why Las Vegas always makes a profit on gambling year after year.

You can see the truth of life if you look at the big picture. You will see that disconnected, random events are predictable, because they always balance.

The good news is all of your dreams are going to come true. The bad news is, so will all of your nightmares, if you do not learn the truth of life.

Death is the great equalizer: If you are born with advantages, you can have more good times than bad times in your life, but when you die, you are reborn with disadvantages, and have more bad times than good times and vice versa. In the long run, no one has it better or worse than anyone else does, because life will always balance eventually. It is the known nature of the universe we live in.

Consequences: The knowledge of the balance does not mean there are no consequences of behavior. **Now you are responsible, as this book will show.**

The obvious is that which is never seen, until someone expresses it simply.
Khalil Gibran

Many educated people do not have open minds, and that is why they cannot see the truth as easily as people that are less educated, but more open minded.

The only thing that interferes with my learning is my education.
Albert Einstein

The truth about life is actually very simple; it is just hard to see for the first time.

Life: It all boils down to how you feel from moment to moment, how often you feel good and how often you feel bad, and it will be balanced like everything else physical. Your infinite past was balanced, and your infinite future will be too, unless you change from a physical being into a spiritual being. To change into a spiritual being, you just have to know the truth, which changes your point of view and your perspective of life so that you start to live your life as a spiritual being.

Know it to do it: Our life does not have to be just fifty-fifty like the physical world, because our spiritual-self, our immortal-self, is not physical and does not need to be balanced to exist. Our physical environment cannot fundamentally change, but we can. **You just have to know it to do it.**

Nothing is going to make any real difference in your life except separating yourself from the balanced physical world. It can and will change everything.

You separate yourself from the balance of physical life by seeing the truth.

The truth reveals that you do not need to experience the bad to have the good. The bad will still happen, but you will perceive it differently. Perception is the only thing in the universe that does not need to balance. The knowledge of the balance changes your life. It leads to your transition into a spiritual being.

Good/bad: When you know the truth, you take the two sides of life, the good and bad side, and see them as one whole. You do this by understanding what the balancing force means. It means all bad times will pass and be compensated for by an equal amount of good times. It also means all good times will pass and be paid for with an equal amount of bad times. **It will always balance.**

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